



# Paul Bryant Hudson

## Capacity Building Training Partner he/him/his

I've always been driven by a deep desire to reach a place of personal wholeness and Liberation.

I'm also driven by my desire to uproot and topple oppressive systems. My work is fueled by the belief that the liberation of oppressed people deserves to exist independently of the transformation of their oppressors. This core belief is the foundation of my thinking around the importance of wealth/power redistribution and reparations.

### What was your journey to this work?

I've spent most of my life creating and performing music, my creative identity is the primary lens through which I experience the world and this work. I spent five years working in the finance industry where I developed my systems-level analysis and hunger for root-level change.

I'm the founder of The Kitchen, which is a BIPOC centered co-working and co-creating space. This space is a culmination of my love for art and music and my commitment to the liberation and wholeness of black people.

### What brought you to CEIO?

I was introduced to CEIO through my partner. She was a member of the CPT at Common Ground and attended several BD101 trainings. Through her affiliation, I began attending Deeper change forums and. These experiences became critical to my own journey and helped shape my thinking around equity, justice, and liberation.



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